

# LOYOLA INTERNATIONAL SCHOOL AL NASR CAMPUS, QATAR

Affiliated to CBSE New Delhi with Affiliation Number: 6330012

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LIS/ACD/01/2024-25/016



# "Right to Food: For a Better Life and a Better Future,"

## **World Food Day**

Dear parents, Greetings of the Day!

We are excited to announce that our school will celebrate World Food Day on Thursday October 24, 2024. This year's theme is "Right to Food: For a Better Life and a Better Future," which highlights the fundamental human right to access adequate and nutritious food.

The theme encourages us to think critically about the importance of food security, ensuring that everyone has access to sufficient, safe, and nutritious food for a healthy life. It also reminds us of the crucial role food plays in shaping our future by promoting well-being, health, and development.

CLASS	LIST OF ACTIVITIES	REFERENCE PICTURE
KG-1	TOPIC: 'My Healthy Plate'  ACTIVITY & DESCRIPTION:  Students will learn about healthy eating by sorting various food pictures into healthy and unhealthy categories. After sorting, they will colour the healthy food pictures and stick them onto a paper plate to create their very own "Healthy Plate".	My Healthy Plate  By:
	Objective: To help students understand the importance of food groups in a balanced diet.  Learning Outcome: Students will identify food groups and will be sensitized to make the right choice for their food plate.	

#### KG-2

## **TOPIC: 'Healthy Food ART'**

#### **ACTIVITY & DESCRIPTION:**

Students will explore the concept of healthy eating by creating vibrant food art on paper plates. Using fruits, vegetables, and other food items, focusing on food categories.



#### **Objective:**

To combine creativity with knowledge of food categories and about the importance of balance diet.

### **Learning Outcome:**

Students will recognize food groups and enhance creativity through artistic expression.

**Dress code:** Students are encouraged to wear their favorite orange outfits on Thursday, October 24, 2024. Let's show our school spirit and brighten the day with this vibrant colour!

#### Regards,



Kindergarten

Loyola International School, Qatar

#### Motto:

Listen Learn Lead

Vision:

LIS aims to provide top class education through modern learning techniques and provide a realistic and positive environment for intellectual and physical development.

#### **Mission**:

LIS mission is to empower every child with academic excellence and personality development. To create a healthy environment, to build a self-confidence and positive thinking among children. To impart value orientated education for creating responsible global citizens.